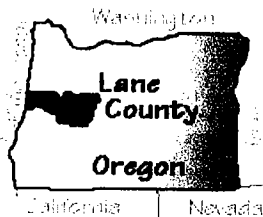


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Report to Lane County Board of Commissioners March 2007

Upcoming OSU/Lane County Extension Service Programs/Events

Pruning Classes:

March 1-Roses
March 15-Tree Fruits, Small Fruits & Grapes
March 29-Spring Blooming Ornamentals

Merchandising Logs & Timber:

March 6

Advisory Board Meeting:

March 7

Community Gardener Certificate Series:

March 8-Gardening Year Around
March 22-Beneficial Insects/Pest Management
April 5-Secrets of Soils/Raised Beds Gardening
April 19-Diagnosing and Preventing Disease in the Garden

Lane County Home Show:

March 8-11

Reproduction in Beef Cattle:

March 13

4-H Workshops/Clinics:

March 14-Presentation Clinic
March 21-Records Workshop
April 4-Quail In-service
April 7-Hort Clinic
April 18-Tool Box Series
April 12 Camp Counselor Training

Worm bin Workshop:

March 17

MG Seminar-Beekeeping Basics:

March 20

Compost Training:

April 4 & 11

Family Food Education Training:

April 11

Bankruptcy Debtor Education Program

April 12 or May 8 or June 7

Don't Let Your Golden Years Be Tarnished- Financial Management for Seniors Workshop:

April 17, 24 & May 1, 8, 15, & 22 (weekly)

Master Gardener Plant Sale:

April 28

Submitted by Charlotte Riersgard
OSU/Lane County Extension Service (LCE) Staff Chair

EXTENSION HELPS CLEAN UP TOXINS

The pesticide removal project has been an overwhelming success in removing old chemical pesticides from Lane County farms. Over 1 ton of DDT has been slated for removal in addition to DDD, methyl bromide, chlordane, 2,4,5-T and many other chemicals. Seven days were slated to collect the pesticides. A report will be written after the final (February 21st) collection day.

Collection dates were between February 5th and 23rd. The Department of Environmental Quality coordinated this collection project in collaboration with the OSU/Lane County Extension Service, EWEB, SUB, Lane County Waste Management, DEQ, local Groundwater Management Areas, and local watersheds. The collection in November netted over 17 tons of chemical pesticides. This same project will next be conducted in Linn and Benton Counties.



Oregon State **OSU** Extension Service
UNIVERSITY Lane County

The pesticide removal project is a cooperative effort of OSU/Lane County Extension Service, EWEB, SUB, Lane County Waste Management, DEQ, the local Groundwater Management Areas, and local watersheds.

4-H AND SCHOOL ENRICHMENT

Faculty: Carolyn Ashton

4-H Horse Tack Swap and Fashion Show

Over 100 people attended the Saturday, January 27th Horse Tack Swap and Fashion Show, which was held at Extension. Horse enthusiasts had an opportunity to buy, sell and trade their tack, as well as enjoy a (youth produced and led) fashion show.

Volunteer Leader Tool Box Training Series

This training series was developed for 4-H Volunteer Leaders to learn skills that can help them run a successful club program. The trainings are held once a month on the following topics:

- ◆ Tools for Positive Youth Development - January
- ◆ Tools for Team Building - February
- ◆ Tools for Valuing Differences - March
- ◆ Tools for Conflict Resolution - April

4-H '101' Open House

On February 17th from 11am - 1pm at the Extension Service there was a 4-H '101' Open House. Approximately 50 members and 100 non-members learned about the many different project areas and what it will take to begin a new project. The program was FREE and open to the public!

4-H Leaders Trainings

Two New Leader's Trainings were held on January 18th and February 21st. In 2006 the program gained 53 new adult volunteer leaders!

4-H Camp-August 6-11, 4-H Center in Salem

The Camp Committee has begun planning the 2007 Lane County 4-H Camp. Extensive camp counselor training will begin in March, and run through July—preparing 25 teen

counselors to effectively work with 60-80 3rd - 6th graders.

Natural Resource Education

4-H Staff assisted with the 'Writing in the Woods' Project Learning Tree Training through Oregon Forestry Education Program at the HJ Andrews Experimental Forest, Nov. 3-4.

4-H Staff presented the "Incredible Journey" (a hands-on, interactive lesson found within the Project WET curriculum manual) to two 6th/7th grade classes.



Participants from the Horse Tack Swap and Fashion Show.



Record Keeping Workshop at the Lil' Bit of Chaos Club Meeting.

Junior Leader Training

On January 20th 4-H hosted a Junior Leader Training, and 13 4-H members participated. Junior Leader training is for 7-12th graders who want to take a more active leadership role in their clubs, as well as taking advantage of leadership opportunities available at the county level.

Project Area Meetings

In January and February there were project area meetings for Horse, Goat, Beef, Swine, Sheep, Small Animal, and Home Ec., and Arts and Sciences. These project committees work on planning educational activities for 4-H youth, as well as beginning to plan for the 4-H/FFA Youth Fair.

Older Youth Program (7-12 grade 4-H members)

Teen PAC, the Lane County 4-H Older Youth Program, has begun writing a newsletter column in our 4-H newsletter, the *CloverPatch*.



Natural Resource Education Class.

Upcoming Events in March...

March 10	Camp Counselor Training
March 14	Public Speaking Clinic
March 17	Shamrock Horse Show
March 17-18	Teen PAC Leadership Retreat

COMMERCIAL HORTICULTURE, HOME GARDENING

Faculty: Ross Penhallegon and Assistant: Pat Patterson

Master Gardener Class

The OSU/Lane County Extension Service welcomed 45 new Master Gardener trainees selected from the 110 applicants. We have had successful class trainings every week.

Community Garden Series

The Thursday evening Community Gardener Certificate Series is offered to the public as a series for \$70 or \$6 per class. A record 44 people signed up for the full series and another 40 are attending the classes of their choice. Fifty people came to the first class, despite the cold and icy weather.

Compost Specialist

January 27-28th—The Compost Specialists staffed a booth at the Good Earth Home, Garden and Living show contacting 2,229 adults and 194 children. Over 550 pint bottles of compost tea were distributed, as well as educational materials.

Soils Workshop

Ross provided a workshop on soils to 45 local realtors. Additional topics of E coli, septic systems, water quality and the 2050 plan were discussed by the realtors, who stressed the importance of preserving the world class ag land and soils. Another class is planned for 60 realtors in the future.

First day of the
2007 Master
Gardener
training.

Trainees learn
about tree
identification.



Pruning Classes

The first three free public pruning classes of the year were well attended:

- ◆ January 13 – Thistledown Farm, 84 attended on a very cold morning.
 - ◆ January 23 – Florence, 28 attended.
 - ◆ January 25 – GrassRoots Garden, 48 attended.
- Each class has broken previous attendance records.

EXTENSION STAFF-COMMUNITY INVOLVEMENT

Extension Adopts Bosco House All Year 'Round

The idea came quietly, just in a simple question: How about if Extension adopts an organization or group for the entire year instead of just around the holidays? The OSU/Lane County Extension Service, in collaboration with Curves Express, conducted a "Holiday Giving to Bosco House" and the Catholic workers. However, the generosity will not stop after the holidays! It will continue throughout the year.

The Bosco House is a home where young mothers with children, in or out of their custody, are recovering from a difficult time in their lives. Once the mothers are able to gain employment and can afford their own living quarters, they move out.

Dave Kayfes, a Master Gardener volunteer, has already dedicated many hours to the Bosco House building raised beds for a vegetable garden. This established a connection with Extension. From there, topics of interest were solicited from the residents and Catholic workers from the home. Every month, efforts are being coordinated to reach out to the residents of Bosco House. Gift certificates for free attendance to the Thursday Evening Garden Seminars have been granted, as well as one nutrition education class on "Making your own Mixes" for healthy, low-cost gift giving. Extension programs help build sufficiency through various programs from gardening, and food safety/food preservation to nutrition and budgeting.

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FORESTRY

Faculty: Steve Bowers

Woodland Banquet

January 18th~Lane Chapter of the Oregon Small Woodlands Association held their annual banquet. Guest speaker, Scott Leavengood, Forestry Extension Specialist from OSU, spoke about the Oregon Forestry Industry Directory web site www.orforestdirectory.com. Attendees included Steve Woodard, retired OSU Forestry Agent and Western Regional Tree Farmer of the Year in 2004 and Bob Kintigh, 2005 National Tree Farmer of the Year.

Seedling Sale

February 3rd~Lane Chapter of the Oregon Small Woodlands Association annual seedling sale. Approximately 13,000 seedlings valued at \$7,000 were sold during the event. Volunteers included individuals from the Lane Chapter of OSWA, Oregon Department of Forestry representatives, OSU Forestry Extension, and private woodland owners.

Sick Tree Calls

Every month, more of the public turns to the Extension Service for "sick tree" calls (an average of 200 calls per month).

Public Workshops and Presentations

January 10th~Tree Identification of Oregon's Native Species. Lane County Master Gardener training program. 55 participants.

February 7th~*What's Killing My Trees* workshop. Dave Shaw, Forest Health Specialist.



Log Buyers Directory

The Log Buyers Directory is now available on the OSU/Lane County Extension Service Forestry web site: <http://extension.oregonstate.edu/lane/MWM/>.

The *Directory* is the most comprehensive compilation available anywhere, public or private entities, of primary manufacturers (mills, sort yards, chip facilities) located in Oregon, southwest Washington, western Idaho and northern California.



We will endeavor to provide public accessibility to services, programs, and activities for people with disabilities. If accommodation is needed to participate at any meeting, please contact the ADA Coordinator at the Lane County office of OSU Extension Service at 682-4243 or 1-800-872-8980 at least 48 hours prior to the scheduled meeting time.

FAMILY AND COMMUNITY DEVELOPMENT (FCD)

Faculty: Susan Busler and Nellie Oehler

PROGRAMMING

- ♦ February 6th ~ *"Mold in Homes"* was a program geared to the homeowner/renter who may be faced with mold and mildew growth in the living environment.
- ♦ Tuesdays, April 17th - May 22nd ~ *Senior Finance program, "Don't Let Your Golden Years be Tarnished: Financial Management for Seniors."*

Extension Study Group Lessons

- ♦ January 18th ~ *Heart Health for Women* - Women learned the signs to watch for and what to do in case of a heart attack.
- ♦ February 15th ~ *Rice Around the World* - Participants learned about the different varieties of rice and its different uses around the world.
- ♦ March 15th ~ *Elder Abuse: A Growing Problem* - As our society's aging population increases, so will the incidence of elder abuse. We will review the types of abuse, warning signs, causes and what makes one vulnerable.
- ♦ April 19th ~ *Multicultural Miscommunication* - We live in an age where technology, world travel and



migration makes it more likely we will interact with people from different backgrounds.

- ♦ August 8th ~ *Aging Forum* - at the request from staff in Senator Gordon Smith's office, faculty member Susan Busler, will be serving on the planning for upcoming Senior Health Forum.



New, and veteran Food Pantry Volunteers testing new recipes developed for utilizing unusual foods.

Food Pantry Project

A training was held in January for new, as well as veteran volunteers. Forty volunteers attended of which 11 were new to the program. The guest speaker was Dean Tammy Bray from the OSU College of Health and Human Sciences. She

gave an inspiring update on nutrition and some of the problems we face as a nation due to our eating habits. We are now reaching 22 pantry sites in Lane County with monthly demonstrations.

The Food Pantry Project is collaborating with FOOD for Lane County to develop recipes and ideas to utilize unusual foods that are donated to the food bank. This month it is Soy Protein Isolate and turkey sausage.

The Food Pantry Cook-off will be later this summer at FOOD for Lane County. The recipes categories have been changed to better utilize abundant foods received at FOOD for Lane County. There will be both an adult as well as a youth division.

Family Food Education/Master Food Program Training

Preparations are being made for training volunteers in both Lane and Douglas Counties this year. The training will begin in early April in both counties and run through the first week of June.

NUTRITION EDUCATION PROGRAM (NEP)

Faculty: Charlotte Riersgard, Karren Cholewinski and Dana Baxter

SUCCESSFUL PROGRAMMING

Gateways Teen Parent Program, Springfield-Alternative High School Program

- ◆ Teen parents are need of nutrition education, focusing on development of a healthy lifestyle. Instructional style is adapted to meet the needs of these students as many had struggled with traditional classroom learning.

Success Recognized: A young teen girl attended her first class. She was very shy during the early weeks. She indicated she enjoyed cooking but really lacked experience. By the end of the first nine weeks, she became Shirley's self-appointed assistant.

Options Counseling Group

- ◆ Mentally and physically challenged adults living independently. Needs included basic meal preparation, menu planning and grocery shopping.

Success Recognized: The fat and sugar lessons, since they were visual demonstrations, had an impact on participants. They reported cutting back on their intake of fast foods, which are generally higher in fat.

Bohemia Elementary School

- ◆ The 6-week nutrition class series utilizing the activity-based youth Pyramid Power curriculum in grades 4 and 5, teach youth the importance of good nutrition and physical activity and develop an awareness of germs and how they are spread. In one class session the product, Glow Germs, was used. The product provides a visual demonstration of dirt and germs on student's hands. The lotion is applied and a black light illuminates the lotion, showing "germs."

Participant
at
Laurel Hill
Elementary
School.



Success Recognized: The next weekly class session, following the hand washing activity, one young girl reported not washing her hands "for the rest of the school day so that she could go home and show her parents all the germs that were on her hands just from being at school." Her parents insisted she immediately wash her hands, but also had everyone in the family join her and they washed their hands together.

NEP: By the Numbers – November 1, 2006 through January 31, 2007

Enrollment Types	Adult	Family Members Potentially Impacted by Adult Participation in Program	Youth
Oregon Food Nutrition Program	242	622	247
Expanded Food Nutrition Education Program	41	147	24
Out Reaches and/or Single Events			
WIC	301	301	
Food Pantries	2,359	2,359	229
DHS	49	49	
Elementary Schools	12	12	5,603
Totals	3,004	3,490	6,103

Community Partners and/or Agencies: Head Start-Bethel, Florence, Village (Springfield), DHS-Florence, Springfield, McKenzie Center & West 11th Family Center, Eugene-Laurel Hill Center, St. Vincent de Paul-Second Chance Renter's Rehabilitation Program, Willamette Family Treatment Center, Relief Nursery, Committed Partners for Youth, Eugene Parks Service, Serbu Education Center, Florence-Options Counseling Center, Springfield-Willamalane Parks & Recreation.

Community Locations for Classes: Eugene-Royal Oaks Mobile Park (Bethel Area), Cottage Grove-United Methodist Church, Florence-Munsel Park Housing, Springfield-Aquaris Apartments & Springfield Lutheran Church

Schools: Cottage Grove Schools-Bohemia Elementary & Kennedy Alternative High School; Eugene Schools-Adams & River Road Elementary Schools, 4-J's Opportunity Center, Springfield Schools-Mt. Vernon, Guy Lee, Riverbend, Page, Douglas Gardens, Centennial & Brattain Elementary Schools, Springfield High School's Gateway Program